

SEWING



{ by Lucy Blaire }



“X” IS FOR XILINOUS

Xilinous means “of or pertaining to cotton.” Stitch this cotton “X” in no time.

Supplies

- 8½”x9¼” linen page backed with 8” square of interfacing
- Finished stamped word on linen (xilinous), backed with fusible web
- 1” -thick synthetic batting
- 5” tall or smaller “X” template
- Removable fabric marker
- Lime green embroidery floss
- Hand embroidery needle

Prepare

Trace the “X” template onto the batting; cut out using sharp scissors.

Refer to the [Letter Page Orientation List](#) to determine the 1” linen overhang placement. Fold the linen overhang toward the wrong side temporarily to help center the letter and word.

Center the batting “X” on the page and the stamped word “xilinous” under it. Using a hot dry iron, fuse the stamped word onto the page. Pin the “X” in place.



Create

Topstitch the stamped word perimeter ¼” from the “X” edge (1). Use a pin or seam ripper to gently pull the threads from the linen up to the topstitching around the word to fray the edge.

Thread an embroidery needle with four to six strands of embroidery floss. Blanket stitch the “X” perimeter to conceal the machine stitches.

Refer to the [hand embroidery stitch guide](#) for blanket stitch instructions.