

SEWING



{ by Lucy Blaire }



“R” IS FOR RUFFLES

Make a ruffle “R” to add to your alphabet book.

Supplies

- 8½” x 9¼” linen page backed with 8” square of interfacing
- Finished stamped word on linen (ruffles), backed with fusible web
- 30” of 1”-wide double-fold binding
- White embroidery floss
- Fine-tip marker or pen

Prepare

Unfold the binding ends. Fold one end ¼” toward the wrong side; press (1). Unfold the binding to expose the center seam.

Set the stitch length to 3.0mm and baste along the binding center seam, leaving long thread tails at the stitching beginning and end. Refold the binding in half lengthwise; set aside (2).

Refer to the [Letter Page Orientation List](#) to determine the 1” linen overhang placement. Fold the linen overhang toward the wrong side temporarily to help center the letter and word.

Create

Freehand draw a centered “R” onto the page. Center the stamped word just below the letter.

Using a hot dry iron, fuse the word onto the page following the manufacturer’s instructions. Use a hot dry iron to fuse the word onto the page.



Pull the thread tails to evenly gather the binding and create ruffles. Pin the ruffle over the “R” markings.

Topstitch the ruffle upper folded edge to the page, ⅛” from the binding fold. Secure the ruffle edge and finish the inner edge with a satin stitch.

Topstitch the stamped word perimeter. Use a pin or a seam ripper to gently pull the threads from the linen up to the topstitching around the word to fray the edge. ∞