

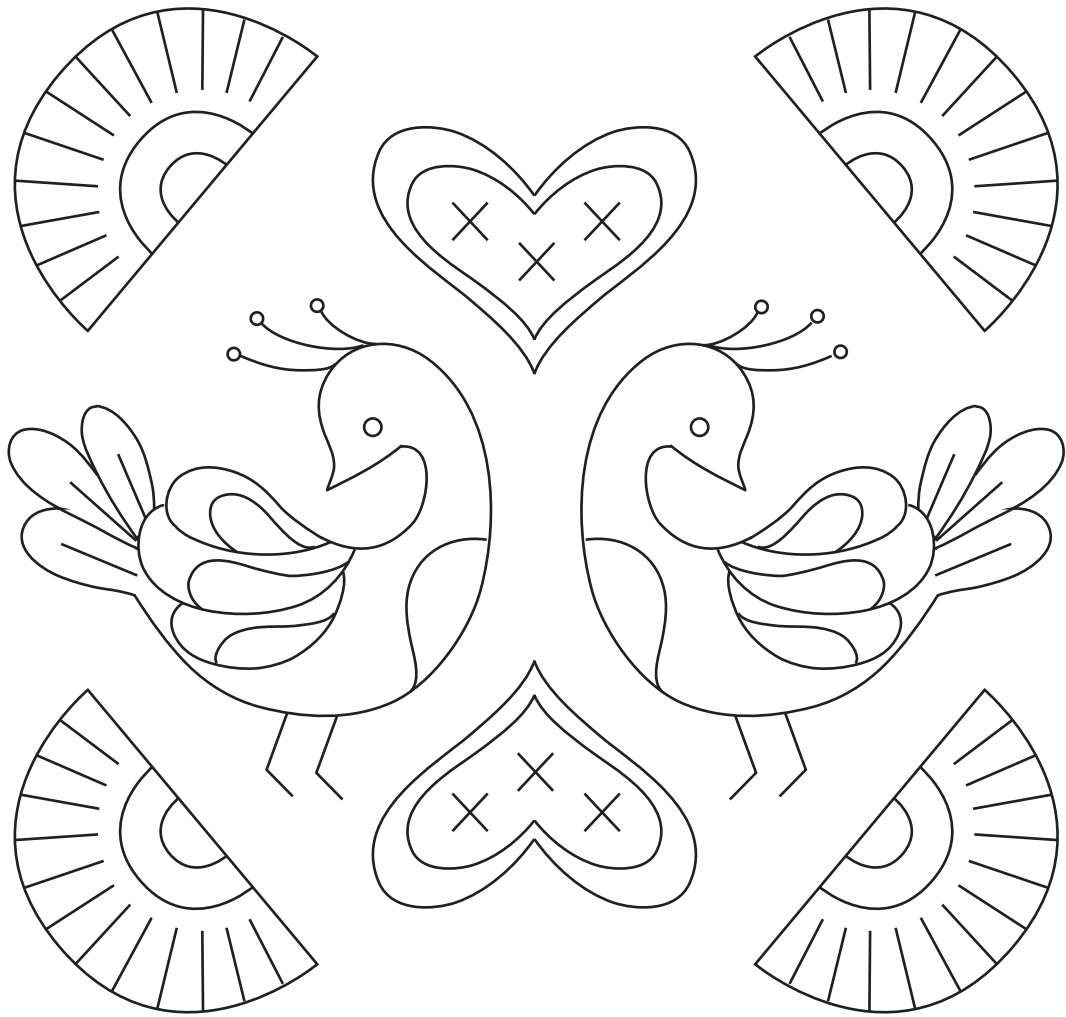
# *Sublime Stitching*®



Embroidery designs for SEW NEWS / F+W Publications by Jenny Hart

[www.sublimestitching.com](http://www.sublimestitching.com)

© 2001-2016 Sublime Stitching® LLC. All Rights Reserved.

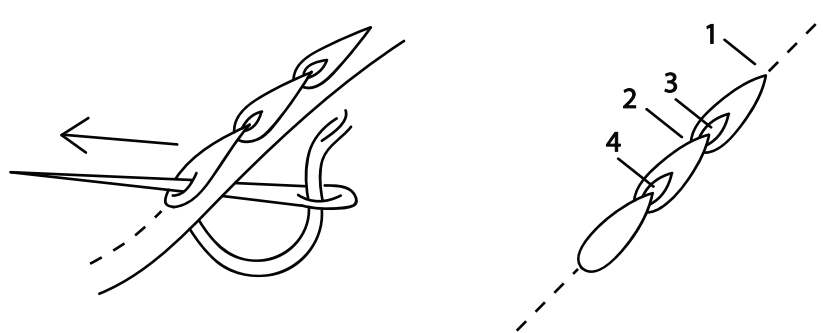


● work all colors in a back stitch ( except dots / French knots )

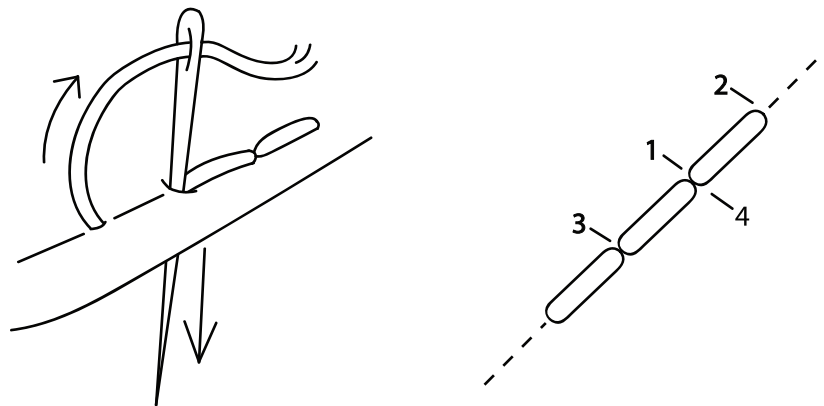


Stretch your imprinted fabric across the hoop like a drumhead. Start from behind the hoop, bringing your threaded needle up through the front of your fabric along the pattern line, wherever you choose to start. Now, pull the needle down through the fabric again, following the pattern line.

“1” is where you first come up, “2” is where you go back down.



SPLIT STITCH



BACK STITCH



## STEM STITCH

---

### Editorial Notes:

Please include copyright notice with my embroidery diagrams for publication.  
Thank you!

The online link to Jenny's "Fool Proof French Knot" is:

<http://sublimestitching.com/pages/how-to-french-knot>